

Research Culture and Evidence Based Journals

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This is probably the first Evidence Based focussed Journal from India and will be pioneer in conceptualising a different kind of journal. One of the main advantages of Evidence Based Medicine (EBM) is increased awareness among the clinicians and practitioners about research and its methodology. Currently at least everyone has heard the name EBM and everybody recognises it as a good and acceptable standard of clinical research. In a way EBM has become a part of the research culture of the current academics circle. However things were much different a decade back and research culture was almost o existence in India as far as medical research was concerned.

There are significant advances in research culture that have happened in the last decade and EBM has contributed a lot to this change. Firstly, one of the things that we experienced when we were in our medical schools in India, was complete lack of awareness about anything even remotely related to research. We did not receive any training in research methods and publishing or EBM. However now the students are well versed with the terminology of EBM and also understand the concept to some extent. Also they are very keen on learning these concepts and also applying them in practice. This is a significant change from just ten years back. Journal like Journal of Evidence-based Physiotherapy and Research will further help in establishing the principles of EBM and also help in providing reader friendly EBM reviews to clinicians. We

congratulate the editorial board to conceptualise an excellent symposium containing Evidence based Physiotherapy Reviews (EBPT) in the inaugural issue of the journal. This is the second point which was lacking earlier, the concept of reading journals. There were no journal clubs and we were only asked to read our textbooks. Probably the reason was that the scientific language was too technical or probably the accessibility was not there. With availability of online and open access there is definitely an improvement in culture of reading research. With JEPR publishing simplified EBM reviews this culture will further flourish. Only when a journal is widely read, it grows in importance and stature and we are sure JEPR will be soon one of the most read journals in Physiotherapy. Thirdly, writing papers for journals was very rare and only select few ever wrote journal articles. However the new generation is now well versed with the art of writing good manuscripts and publish. JEPR will definitely provide a good platform where the new clinician scientist in physiotherapy can publish their work.

With combined advantage of EBM approach and a scientific community that is primed to receive such a Journal, we believe JEPR will flourish rapidly and become one of the leading journals in Physiotherapy. We wish all the best to the Editorial team of JEPR and look forward to forthcoming issues of the Journal.

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